Peer review for Bethany

What’s going well?

Feel that I have gone off tract with the projects after having 6 months off.

I have had a major shift coming out of a relationship and I am now more proactive, I have had a good shift with in my head.

Now living in a flat with my sister and I have a traineeship working with children in the theatre for which I get paid and I am really enjoying. This helps towards my leadership goals.

My projects are coming on slowly but I am getting as much done as I possibly can.

I am not as stressed as I was and find I am meeting my expectations easily, my diploma projects are becoming better with each passing week. I need to get the designs completed over the next few months and get the documentation done.

Challenges

Time is a challenge. Trying to fit in as much as possible, I find the projects and the things I’m learning so exciting that I want to do and include so much!

I need to remember to not push myself to hard health wise, remember to check in with my body and listen to it and remember me in all this.

Next steps

I can document the projects but need to implement them. I also need to speak to Richard to complete the interim assessment.

Long term goals

A collaborative space for creative art. Keep networking with people. Continue with the body development and the yoga.

Keep an eye on my health and stay healthy with the correct diet and exercise and rest as I had a health scare recently.